

Yeovil & District Swimming Club

Spring Fling Level 3 Open Meet

Held under ASA Technical Rules of Racing

21st & 22nd April 2018

Programme of Events

Saturday 21 st April 2018								
SESSION 1			SESSION 2			SESSION 3		
Warm-up			Warm-up			Warm-up		
Girls	8.00 - 8.20am		Boys	11.15 - 11.35am		Boys	2.45 - 3.05 pm	
Boys	8.20 - 8.40am		Girls	11.35 - 11.55am		Girls	3.05 - 3.25 pm	
Start Time: 8.45 am			Start Time: 12.00 pm			Start Time: 3:30pm		
Finish Time: 11.15 am			Finish Time: 2.30 pm			Finish Time: 6.00pm		
Event 11	Girls	200m Free	Event 21	Boys	200m Fly	Event 31	Boys	200m Back
Event 12	Boys	400m Free	Event 22	Girls	400m IM	Event 32	Girls	100m Fly
Event 13	Girls	100m Back	Event 23	Boys	100m Free	Event 33	Boys	200m IM
Event 14	Boys	100m IM	Event 24	Girls	50m Fly	Event 34	Girls	200m Breast
			Event 25	Boys	50m Back	Event 35	Boys	50m Breast
			Event 26	Girls	100m Breast	Event 36	Girls	50m Free

Sunday 22 nd April 2018								
SESSION 4			SESSION 5			SESSION 6		
Warm-up			Warm-up			Warm-up		
Boys	8.00 - 8.20am		Girls	11.10 - 11.30am		Girls	2.45 - 3.05pm	
Girls	8.20 - 8.40am		Boys	11.30 - 11.50am		Boys	3.05 - 3.25pm	
Start Time: 8.45 am			Start Time: 12.00 pm			Start Time: 3.30 pm		
Finish Time: 11:05 am			Finish Time: 2.30 pm			Finish Time: 6.00 pm		
Event 41	Boys	200m Free	Event 51	Girls	200m Fly	Event 61	Girls	200m Back
Event 42	Girls	400m Free	Event 52	Boys	400m IM	Event 62	Boys	100m Fly
Event 43	Boys	100m Back	Event 53	Girls	100m Free	Event 63	Girls	200m IM
Event 44	Girls	100m IM	Event 54	Boys	50m Fly	Event 64	Boys	200m Breast
			Event 55	Girls	50m Back	Event 65	Girls	50m Breast
			Event 56	Boys	100m Breast	Event 66	Boys	50m Free

Please note the warm up times for sessions 2,3,5 and 6 are conditional upon the preceding sessions finishing on schedule