

Spring Fling 2018 Level 3 Open Meet

21st and 22nd April 2018

To be held at Millfield School Pool
all times are 25m pool times

Cut Off Times

Swimmers must be **SLOWER** than the Cut Off Time

Boys									Events	GIRLS								
9	10	11	12	13	14	15	16	17/Ov		9	10	11	12	13	14	15	16	17/Ov
36.00	34.50	31.90	31.50	29.25	27.18	26.50	25.80	24.15	50m Free	36.00	34.50	31.60	31.24	29.25	28.25	28.12	27.77	27.50
1.19.00	1.14.00	1.10.40	1.09.40	1.05.10	59.50	59.00	56.00	54.50	100m Free	1.19.00	1.14.30	1.09.50	1.08.55	1.02.80	1.01.80	100.30	59.15	59.00
2.50.00	2.42.00	2.32.20	2.31.20	2.23.40	2.11.20	2.05.50	2.00.60	1.58.00	200m Free	2.50.00	2.42.00	2.30.75	2.29.70	2.21.40	2.15.20	2.09.80	2.08.30	2.08.00
n/a	n/a	5.16.80	5.15.80	5.05.40	4.34.90	4.23.30	4.17.70	4.11.30	400m Free	n/a	n/a	5.17.20	5.16.20	4.55.10	4.46.40	4.34.05	4.33.30	4.33.00
41.50	39.50	38.00	37.10	35.50	32.30	31.60	29.50	28.60	50m Back	41.50	39.50	37.10	36.50	34.50	33.50	32.50	32.40	32.30
1.27.80	1.24.00	1.22.00	1.21.40	1.16.50	1.09.80	1.07.80	1.03.50	1.00.70	100m Back	1.27.80	1.24.00	1.20.50	1.19.80	1.14.80	1.11.20	1.08.40	1.07.20	1.07.20
2.58.00	2.53.00	2.50.60	2.49.60	2.39.70	2.25.30	2.21.40	2.14.10	2.12.20	200m Back	2.58.00	2.53.00	2.47.60	2.46.60	2.35.80	2.32.70	2.24.10	2.23.50	2.23.30
46.00	44.00	42.80	42.50	39.50	37.70	34.70	33.60	30.30	50m Breast	46.00	44.00	42.70	42.30	39.70	37.45	37.10	36.30	36.10
1.42.00	1.37.00	1.34.80	1.33.80	1.29.50	1.21.90	1.15.20	1.12.60	1.07.20	100m Breast	1.42.00	1.37.00	1.33.80	1.33.10	1.27.00	1.23.20	1.20.20	1.17.70	1.16.90
3.40.00	3.20.00	3.16.60	3.15.60	3.03.50	2.53.20	2.43.80	2.34.80	2.28.90	200m Breast	3.40.00	3.20.00	3.17.60	3.17.10	3.05.70	2.54.60	2.50.00	2.45.30	2.45.00
40.00	38.00	36.10	35.80	33.00	31.50	30.15	28.50	26.20	50m Fly	40.00	38.00	35.00	34.50	33.50	32.20	31.15	29.90	29.70
1.40.00	1.29.90	1.26.40	1.25.90	1.18.80	1.11.80	1.06.60	1.03.30	59.50	100m Fly	1.40.00	1.29.90	1.22.65	1.22.00	1.17.60	1.13.20	1.09.70	1.08.30	1.07.90
n/a	3.18.00	3.12.15	3.11.15	2.55.80	2.40.50	2.26.70	2.20.50	2.10.10	200m Fly	n/a	3.18.00	3.00.00	2.59.00	2.52.80	2.46.50	2.33.40	2.32.00	2.27.70
1.43.00	1.38.00	1.30.00	1.24.00	1.19.00	1.15.00	1.10.00	1.05.00	1.00.00	100m IM	1.43.00	1.38.00	1.30.00	1.25.00	1.20.50	1.16.00	1.12.00	1.07.00	1.05.00
3.10.00	2.58.80	2.54.20	2.53.20	2.45.90	2.31.30	2.25.80	2.18.20	2.14.00	200m IM	3.10.00	2.58.80	2.47.25	2.46.30	2.42.40	2.36.50	2.30.50	2.27.30	2.27.20
n/a	n/a	6.08.80	6.07.50	5.48.50	5.23.40	5.04.70	4.46.80	4.46.00	400m IM	n/a	n/a	6.00.00	5.59.00	5.38.60	5.30.90	5.16.00	5.13.10	5.13.00