



Warm up schedule

All timings are subject to change

Friday 16th November 2018

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|------------------|--------------------------------------------|--------------|
| Session 1 | Start: 6:10 p.m. Finish: 06:50 p.m. | |
| Lanes 0 to 4 | Mixed | 14 and under |
| Lanes 5 to 9 | Mixed | 15 and over |

Saturday 17th November 2018

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|------------------|---------------------------------------------|---------------------------------------------|
| Session 2 | Start: 08:15 a.m. Finish: 08:35 a.m. | Start: 08:35 a.m. Finish: 08:55 a.m. |
| Lanes 0 to 4 | Boys 14 and under | Girls 14 and under |
| Lanes 5 to 9 | Boys 15 and over | Girls 15 and over |

| | | |
|------------------|---------------------------------------------|---------------------------------------------|
| Session 3 | Start: 11:00 a.m. Finish: 11:20 a.m. | Start: 11:20 a.m. Finish: 11:40 a.m. |
| Lanes 0 to 4 | Girls 14 and under | Boys 14 and under |
| Lanes 5 to 9 | Girls 15 and over | Boys 15 and over |

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|------------------|-------------------------------------------|-------------------------------------------|
| Session 4 | Start: 2:00 p.m. Finish: 2:20 p.m. | Start: 2:20 p.m. Finish: 2:40 p.m. |
| Lanes 0 to 4 | Boys 14 and under | Girls 14 and under |
| Lanes 5 to 9 | Boys 15 and over | Girls 15 and over |

Sunday 18th November 2018

| | | |
|------------------|---------------------------------------------|---------------------------------------------|
| Session 5 | Start: 08:15 a.m. Finish: 08:35 a.m. | Start: 08:35 a.m. Finish: 08:55 a.m. |
| Lanes 0 to 4 | Girls 14 and under | Boys 14 and under |
| Lanes 5 to 9 | Girls 15 and over | Boys 15 and over |

| | | |
|------------------|-------------------------------------------|-------------------------------------------|
| Session 6 | Start 11:10 a.m. Finish 11:30 a.m. | Start 11:30 a.m. Finish 11:50 a.m. |
| Lanes 0 to 4 | Boys 14 and under | Girls 14 and under |
| Lanes 5 to 9 | Boys 15 and over | Girls 15 and over |

| | | |
|------------------|-------------------------------------------|-------------------------------------------|
| Session 7 | Start: 2:00 p.m. Finish: 2:20 p.m. | Start: 2:20 p.m. Finish: 2:40 p.m. |
| Lanes 0 to 4 | Girls 14 and under | Boys 14 and under |
| Lanes 5 to 9 | Girls 15 and over | Boys 15 and over |