

Warm Up schedule -Session 8 - Sat 10th February 2018

Lane	14:55 to 15:10	15:10 to 15:25	15:25 to 15:40	15:40 to 15:55	15:55 to 16:10	
1	Girls 10-11yrs and 12 yrs (79off)	Girls 13 yrs and 14 yrs (92off)	Girls 15 yrs and 16 yrs & Over (89off)	Boys 10-11yrs 12yrs 13yrs and 14yrs (57off)	Boys 15 yrs and 16yrs & Over (58off)	
2						
3						
4						
5						
6						
7						
8					Boys MD Swimmers (1off)	