

Warm Up schedule -Session 10 - Sun 11th February 2018

Lane	13:20 to 13:35	13:35 to 13:50	13:50 to 14:05	14:05 to 14:20	14:20 to 14:35	
1	Boys 10-11yrs 12yrs and 13 yrs (74off)	Boys 14 yrs and 15 yrs (56off)	Boys 16yrs & Over (58off)	Girls 10-11yrs 12yrs 13yrs and 14yrs (88off)	Girls 15yrs and 16 & over (63off)	
2						
3						
4						
5						
6						
7						
8			Boys MD Swimmers (1off)	Girls MD Swimmers (2off)		