

**ASA South West Regional Championships - Plymouth**  
**15, 16 & 17 years & Over**  
**Saturday 29<sup>th</sup> April – Monday 1<sup>st</sup> May 2017**

**FORM MUST BE RETURNED WITH PAYMENT**  
**BY WEDNESDAY 12<sup>TH</sup> APRIL**  
**(FORM CAN BE HANDED IN AT TRAINING.)**  
**NO LATE ENTRIES CAN BE ACCEPTED**

<b>Swimmers Details:</b>	
Forename:	Surname:
DOB:	ASA NO:
Tel No:	Email:

<b>Saturday 29<sup>th</sup> April</b>	<b>Morning</b>	<b>Entry time</b>
Male	200m Breaststroke	
Female	200m IM	
Male	100m Freestyle	
Female	50m Butterfly	
Male	50m Backstroke	
Female	400m Freestyle	
<b>Saturday 29<sup>th</sup> April</b>	<b>Afternoon</b>	
Female	200m Breaststroke	
Male	200m IM	
Female	100m Freestyle	
Male	50m Butterfly	
Female	50m Backstroke	
Male	400m Freestyle	
<b>Sunday 30<sup>th</sup> April</b>	<b>Morning</b>	
Female	100m Backstroke	
Male	200m Freestyle	
Female	200m Butterfly	
Male	100m Breaststroke	
Female	50m Breaststroke	
Male	400m IM	
<b>Sunday 30<sup>th</sup> April</b>	<b>Afternoon</b>	
Female	200m Backstroke	
Male	200m Backstroke	
Female	50m Freestyle	
Male	50m Freestyle	
Female	100m Butterfly	
Male	100m Butterfly	

<b>Monday 1<sup>st</sup> May</b>	<b>Morning</b>	<b>Entry Time</b>
Male	100m Backstroke	
Female	100m Breaststroke	
Male	200m Butterfly	
Female	200m Freestyle	
Male	50m Breaststroke	
Female	400m IM	
<b>Monday 2<sup>nd</sup> May</b>	<b>Afternoon</b>	
Female	800m Freestyle	
Male	1500m Freestyle	

Swimmer's Name	
Number of Events	
Events @ £8 per event	£
Chaperone Fee £1 <b>per day per swimmer</b>	£
Total	£

**Closing Date Wednesday 12<sup>th</sup> April 2017**

**Entries (and payment) must be received by this date.**

**If swimming at the Exeter Level 1 (15<sup>th</sup>/16<sup>th</sup> April), I can email updated times from the weekend. The times will not appear on the ASA rankings in time for me to access/to be loaded onto the entry system, the entry system does not allow me to overwrite times. If you think this will apply to you please let me know in advance of the weekend, and then we can arrange the best way for you to send me the new times. – Jenny (competition@soundwellswim.org.uk)**

