

Gloucester City Swimming Club Autumn Level 3 Open Meet

Held under ASA Technical Rules
6th, 7th & 8th October 2017

GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT

Programme of Events

Friday 6 th October 2017								
Session 1								
Warm-up (Girls / Boys)					5:30pm- 5:55pm			
Start Time: 6:00pm					Finish Time: 9:00pm			
Event 1			Multi-Disability (mixed)			400m Free		
Event 2			Girls			800m Free		
Event 3			Boys			1500m Free		
Saturday 7 th October 2017								
Session 2			Session 3			Session 4		
Warm-up (Girls / Boys)			Warm-up (Girls / Boys)			Warm-up (Girls / Boys)		
10:15am – 11:15am			1:55pm – 2:55pm			6:05pm – 6:45pm		
Start Time –11:20 am			Start Time – 3:00 pm			Start Time – 6:50 pm		
Finish Time – 1:50 pm			Finish Time – 6:00 pm			Finish Time – 8:50 pm		
Event 4	Boys*	50m Breast	Event 9	Girls*	200m Free	Event 15	Boys	200m Fly
Event 5	Girls*	100m Fly	Event 10	Boys	400m Free	Event 16	Girls	400 m IM
Event 6	Boys	200m Back	Event 11	Girls*	100m Back	Event 17	Boys*	100 m Breast
Event 7	Girls	200m Breast	Event 12	Boys*	50m Back	Event 18	Girls*	100 m Free
Event 8	Boys*	200m IM	Event 13	Girls*	50m Fly	Event 19	Boys*	50m Free
			Event 14	Boys*	100m IM			
Sunday 8 th October 2017								
Session 5			Session 6			Session 7		
Warm-up (Girls / Boys)			Warm-up (Girls / Boys)			Warm-up (Girls / Boys)		
10:15am – 11:15am			2:15pm – 3:15pm			6:20pm – 7:00pm		
Start Time –11:20 am			Start Time – 3:20 pm			Start Time – 7:05 pm		
Finish Time – 2:10 pm			Finish Time – 6:15 pm			Finish Time – 8:50 pm		
Event 20	Girls*	50m Breast	Event 25	Boys*	200m Free	Event 31	Girls	200m Fly
Event 21	Boys*	100m Fly	Event 26	Girls	400m Free	Event 32	Boys	400 m IM
Event 22	Girls	200m Back	Event 27	Boys*	100m Back	Event 33	Girls*	100 m Breast
Event 23	Boys	200m Breast	Event 28	Girls*	50 m Back	Event 34	Boys*	100 m Free
Event 24	Girls*	200m IM	Event 29	Boys*	50 m Fly	Event 35	Girls*	50m Free
			Event 30	Girls*	100m IM			

Please refer to attached qualifying times for age eligibility in certain events
Multi-Disability inclusive events are indicated with an asterisk

Signing in closes 10 minutes before warm up for each session

Notes:

1. Allocated warm-up times (i.e. age group) will be advised on the day.
2. All events are inclusive and Heat Declared Winners.
3. Medals or speeding tickets to be collected from presentation desk.
4. The combined maximum length of sessions will be 7.5 hours per day