

GCASA 2018 Distance Meet Warm Up schedule -Session 1 & 2 - Sun 9th December 2018

Lane	09:15 to 10:35			13:15 to 13:35		
1	Boys 10yrs; 11yrs & 12yrs			Girls 10yrs & 11yrs		
2				Girls 12yrs		
3	Boys 13yrs & 14Yrs			Girls 13yrs & 14yrs		
4						
5						
6						
7	Boys 15 Yrs & Over			Girls 15yrs & Over		
8						