

# **Exeter Swimming Club**

## **Level 1 Meet – 14<sup>th</sup>/15<sup>th</sup>/16<sup>th</sup> April**

(UPDATE from website 06/04/17)

All received entries have been accepted.

Sign in will be required for all 400m, 800m and 1500m events before warm up.

Warm up times

Friday 14<sup>th</sup> S1 Warm up 17:40 1 x 25 mins (All) start 18:15

Saturday 15<sup>th</sup> S2 Warm up 08:00 2 x 25 mins (Male / Female) start 09:00

Saturday 15<sup>th</sup> S3 Warm up 11:30 2 x 25 mins (Male / Female) start 12:30

Saturday 15<sup>th</sup> S4 Warm up 15:00 2 x 25 mins (Female / Male) start 16:00

Sunday 16<sup>th</sup> S5 Warm up 08:15 2 x 25 mins (Female 12/Over unless in 400IM followed by all males and 11/under female) start 09:15

Sunday 16<sup>th</sup> S6 Warm up 11:45 2 x 25 mins (Female unless in 14/over fly and not doing 200 free followed by all males and 14/over female fly) start 12:45

Sunday 16<sup>th</sup> S7 Warm up 14:50 2 x 25 mins (Male / Female) start 15:45

Officials please report at start of Warm up.