

Last season's successes

Thank you all for attending tonight, to date this has been my most successful season as head coach and I'm over whelmed by the work ethic from the coaching staff, committee, volunteers and most importantly the swimmers.

- County Results
 - 1st on the team scores, up from 3rd place last year
 - 1st on the medal, up from 3th place last year.
 - Winner of three of the four point's trophies.
- Regional Results
- Age Groups
 - Total of 24 finals which doubled last year's result & Total of 11 medals, up from 6 last year.
 - 3 Gold- Sophia 200Fly,100Fly - Jake G 50Brs
 - 2 Silver- Jake 200Brs,100Brs
 - 6 Bronze-Sam T 50Brs,100Brs – Sophia 200IM,400IM – Tom H 200Bk – Jake T 100Fc
- Youths
 - 2 Silver (400IM, 200BK) medals and a bronze (100BK) for Jack Smith and a Bronze medal for Ella Theobald in the 200FC.
 - Total of 24 Finals up from 13 last year.

- National Results
- British Nationals
 - Heather Witcombe 50 BK, placing 5th in the final
 - Jack Smith 50Bk,100BK,200BK
 - Will Cole 100FC,50Fly,100Fly

- English Nationals
 - Ella Theobald 200FC
 - Daniel Ahmed 200Fly, placing 8th in the final
 - Sam Oxley 100FC, placing 8th in the final
 - Georgie Lock 200Brs
 - Sophia Soteriou 100Fly,200Fly,200IM,400IM
 - Jedd Woodruff 200IM
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Seasons Direction

- This season has started with great momentum. We have currently one swimmers already qualified for the commonwealth trials this Christmas and three swimmers in line for British championships in march, with several other in the cusp of consideration times.

- The club will run of the same cycle programme as last year. Which consists of three cycles running in line with the school year and major competitions. This has produced progressive results across the club year on year.
- With my personal aim to maintain last year's results at county, regional and national level I am encouraging all swimmers to maintain an 80% attendance across each respective cycle and squad. This realistic target leaves leeway for sickness or other absences and will give each swimmer the foundation they need to achieve their true potential.

Club Targets

- To maintain competitive focus across all squad, raising entry levels from lower squads.
- To maintain or beat national qualifiers
- Maintain high, final and medal count at regional level
- Remain in the top three clubs at counties on medal and points table
- Remain in the Premier division for arena league
- Create a tight nit family atmosphere where swimmers wellbeing and happiness is top of the agenda.

With all being said this year was very successful and is all down the every ones hard work. I still believe we have much more to achieve as a club and look forward to what this year will have in store.

I would just like to remind everyone that Soundwell is supported by volunteers, and we are always looking, and in need of more people to assist in any way possible.

Thank you all for your time.